

Dr. Manuel Rigo MD PhD (Palma de Mallorca 1959)

‘Licenciado Medicina y Cirugía’, Universidad Autónoma Barcelona (UAB), 1981

‘Doctor Medicina y Cirugía’ Universidad Córdoba, 2001

First Specialty in Allergy and Clinical, orienting his career from 1985 to the field of Physical Medicine and Rehabilitation with special interest in Bracing and Physiotherapy of Scoliosis and other spinal deformities, working at the Elena Salvá Institute in Barcelona.

In 1988 starts collaborating with Dr. Jacques Chêneau, who become his mentor, contributing to the evolution of the so called Chêneau Brace. Dr Rigo initiates his major work in standardization of the nowadays called 3D Bracing Concept by Rigo (also Rigo-Chêneau Brace) in 2002, teaching as Invited Professor at the Bundesfachschule für Orthopädie-Technik Dortmund (BUFA) –Germany.

In 1991 starts teaching spinal deformities at the Physiotherapy School Gimbernat (Universidad Autónoma Barcelona UAB) until 2017.

Dr. Rigo did teach Schroth method along the world from 1989 until 2008 and since then started to teach under the name of BSPTS-Concept. BSPTS-Concept is an evolution of the original Schroth method, with influences of the French and Italian schools. Nowadays BSPTS-Concept must be considered Conceptually and Technically different to the current Schroth method. Dr. Rigo always clarify that BSPTS-Concept is not a Therapy by itself but a Physiotherapy Scoliosis Specific Exercises –PSSE- technique, to be integrated in a Multidisciplinary Integrative Scoliosis Care according to a Bio-Psycho-Social Model, with specific indications and limitations, based on medical criteria and in accordance with Evidence Informed Medicine.

During all his professional life, Dr. Rigo has been working with devotion caring children, adolescent, adults, and their families, suffering spinal deformities, in his clinic in Barcelona (Rigo Quera Salvá SLP).

Dr. Rigo has chaired three main International meetings in Barcelona:

SIRER meeting in 1996 (President of Honor, Prof. Alf Nachemson)

International Conference on Conservative Management of Spinal Deformities in 2004 (starting SOSORT)

SOSORT meeting in 2011

He is one of the Founder Members of the SOSORT and first President (2006-8). Chair of the Educational Committee of the SOSORT (2009-2016)

Associated Editor of Scoliosis Journal, later Scoliosis and Spinal Disorders until 2018