

Enjoy Life with Idiopathic Scoliosis during Adolescence:

An Experiential Course for Physical Therapists, MD, CPO

**We are Hosting Elisabetta D'Agata in Three Locations:
WI, CA and NY**



Educator

Elisabetta D'Agata PhD in
Psychology. Psychotherapist.
Expert in treatment of patients
with scoliosis.

- **Sept 21-22, 2019: San Jose or San Mateo TBD (CA) – CEU pending**
- **Sept 28-29, 2019: Stevens Point (WI) – CEU pending**
- **Oct 5-6, 2019: Hunter College, New York (NY) – CEU approved**

COURSE OBJECTIVES:

Upon the completion of this seminar, the participant will be able:

- To understand how to build a healthy relationship with a patient with IS and his/her family since the beginning
- To understand the mechanism of patient's adherence to the treatment and to learn effective strategies to enhance it.
- To describe the different styles of relationship with a patient, recognize their own style and gain skills to become an "inspiring leader".
- To describe the features of the Adolescents' mind and their impact on their lives from neuroscience to psychology and to learn how to improve adolescents' wellbeing.
- To learn the role of emotions and the development of their regulation as well as finding out strategies to manage "difficult" emotions.
- To recognize psychopathological clinical symptoms and to know how to manage difficulties.

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Day One:

8:15-8:30	Registration and presentation
8:30-9:45	Lecture: The bio-psycho-social framework. Definition of Body Image Tools to measure Health-Related- Quality- Of-Life (HRQOL)
9:45-10:00	BREAK
10.00-10:45	Lecture: First session with patients and their family. Theory of Communication. Psychological aims of the first session. What to observe How to communicate
10:45-12:00	Lab: Verbal and Non-Verbal Communication. Clinical cases
12:00-1:00	Lunch
1:00-2:30	Lecture: Adolescence False myths Transitional Age Brain (neuroscience) ESSENCE of Adolescence
2:30-2:45	BREAK
2:45-3:45	Lecture: Adherence to treatment The wheel of change Patient's ambivalence Empowering the patient
3.45-5.00	Lab: How to enhance adherence. Role playing.
5:00-5:30	Conclusions. Q&A

Day Two:

8:00-8:30	Questions from the day before
8:30-10:00	Lecture: Styles of relationship with patients and their families. Inspiring leadership and compassion
10:00-10:15	Coffee break
10:15-11:00	Lab: How to enhance self-esteem
11:00-12:00	Lecture and Lab: The role of emotions. The importance of Self-regulations. How to handle difficult emotions
12:00-1:00	Lunch
1:00-2:30	Lecture and Lab: How to handle difficult emotions (2 nd part)
2:30-2:45	Break
2:45-3:40	Lecture: Recognizing psychological pathology in adolescents and in adults. Strategies of communication.
3:40-4:00	Feedback and closing remarks

**Enjoy Life with Idiopathic Scoliosis during Adolescence:
COURSE APPLICATION**

PRICE (Check addressed to the host site address below):

\$425 per person.

Cancellation policy: Full return prior to August 10, 2019 less 10% service charge; 50% return prior to September 1, 2019; no return after September 10, 2019

Please send your application (this page) with the above fee to:

For CA course to Nancy Sherratt. Scoliosis Rehab PT CA. 3162 Newberry Dr. #20. San Jose, CA 95118. Or fax/scan and pay w/cc# office 1-408-785-1774| Fax 1-408-470-7733.

Email: nancys@scoliosisrehab.com

For WI course to: Beth Janssen. Scoliosis Rehab, 2918 Post Road Suite B, Stevens Point, WI 54481. Or fax/scan and pay w/cc# call 877-734-2220

Email: bethj@scoliosisrehab.com

For NYC course to: Hagit Berdishevsky .16 East 96th Street #1B. New York, NY 10128. Or PayPal (make sure there are no processing fees) using this email:

hagitberdi@gmail.com Cell: 917-340-4584

NAME: _____

PROFESSION: _____

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE NUMBER: _____

EMAIL: _____

PREVIOUS EXPERIENCE WITH TREATMENT OF SCOLIOSIS:
